

LARA DISTRICT COMMUNITY DIRECTORY

2nd Edition, 2023



Proudly created by



LARA DISTRICT COMMUNITY DIRECTORY

This Community Directory is a quick and easy reference guide to share the wonderful community groups and clubs we have in our district should people wish to join a new group. volunteer their time, try something new or expand their social network.

Community Bank Lara District opened in 2009 and over 14 years, we've been able to put over \$2.5 million back into the Lara. Little River and Anakie district.

This has only been possible due to the support of our customers and shareholders. The community banking model is very simple; you bank with us and the profits we generate are distributed back into our community to the benefit of all.

The Board of Community Bank Lara District have developed the "Say Hello Lara" initiative to promote a culture of care within our community. To find out more visit www.savhellolara.au





In the spirit of reconciliation, Lara District Community Enterprise Limited (Community Bank Lara District) acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

If you require changes to your listing or want to be included in future editions please send your details to mail@ldce.com.au or visit in branch at Community Bank Lara District. The Directory form is at the end of this booklet.

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IMPORTANT CONTACT INFORMATION				
Emergency – Police, fire or ambulance 000				
Police Assist	131 444			
SES – for flood, storm, tsunami and earthquake emergency 1				
Vic Emergency Hotline 1800 226				
Emergency broadcasters www.emv.vic				
Weather warnings summary www.bom.gov.au/vic				
Australian rainfall and river conditions www. bom.gov.au/australia				
Joint Australian Tsunami Warning Centre	www.bom.gov.au/tsunami			
Earthquake activity	www.ga.gov.au/earthquakes			
Road closures and traffic alerts	www.vicroads.vic.gov.au			
Power outages	www.energy.vic.gov.au			
Gas and electricity emergency contacts	www.esv.vic.gov.au			
Current Red Cross response	www.redcross.org.au			
Emergency relief and recovery www.recovery.vic.gov				
Personal health and safety information www.health.vic.gov.				
Flood, storm and fire related park closures www.parks.vic.gov.au				
Nurse on call	1800 60 60 24			
Lifeline	13 11 14			
Poison information	13 11 26			
nterpreter www.vic.gov.au/interpreters-and-translation				
Maternal and Child Health Line Advisory Service	13 22 29			
Parentline	13 22 89			
1800RESPECT	1800 737 732			
Mensline Australia	1300 789 978			
Kids Helpline	1800 551 800			
Service contact emergency number • TTY users phone 106 the	ring or have a speech impairment, ers using the National Relay Service: en ask for either 000 or 132 500 or 1800 226 226 ohone 1800 555 727 then ask or 1800 226 226			
GOVERNMENT CONTACTS				
City of Greater Geelong	www.geelongaustralia.com.au			
Victorian State Government	www.vic.gov.au			
Commonwealth Government	www.australia.gov.au			

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COMMUNITY GROUPS

2ND Lara Scout Group

- ♀ Elcho Park, Elcho Road, Lara Vic 3212
- 0428 232 219
- gl.2ndlara@scoutsvictoria.com.au
- scoutsvictoria.com.au



Scouting is a youth lead organisation that opens opportunities for youth in an encouraging and supportive environment for ages 5 to 25. It provides opportunities to learn and practice teamwork, leadership, resourcefulness, and resilience, on top of all the adventurous activity skills and experiences.

The scout program is hands-on; we learn by doing and are encouraged to do our best, free from judgment and reflect on what we have achieved and look to learn from our experiences.

2nd Lara is an active group that gets out and about as often as possible, contributing to the community where possible, and encouraging youth to think of others before themselves. Our leaders are volunteers, so we encourage family involvement in the program.

Anakie & District Community Group Incorporated

- C/- Anakie Community House, 2115 Ballan Road, Anakie Vic 3213
- 03 52841 359
- anakiehouse@talmoi.com.au
- anakiecommunityhouse.org.au
- /anakiecommunityhouse



Anakie & District Community Group is a not-for-profit neighbourhood house, operating from Anakie Community House. Anakie Community House welcomes everyone.

The aim of the group is to offer an opportunity for people of all ages to interact with members of their community in a comfortable, welcoming environment. Many activities take place, including developing new skills and joining regular or occasional activities. Various services are also provided in-house.

Accessing the Anakie Advocate monthly newsletter online is the easiest way to learn about all that is taking part at the community house. The Anakie Advocate also lists contact details, activities and events taking place at other organisations within and surrounding the Anakie district.

Anakie Football & Netball Club

- 9 45 De Motts Road, Anakie Vic 3213
- 0418 138 112
- secretary@anakiefnc.com
- anakiefnc.com.au
- /anakiefootballnetballclub



The Anakie Football Club, located at the footbills of the Brisbane Ranges near Geelong, is a small rural country club with a rich history that has been an integral part of the local landscape.

A range of facilities exist at Anakie Reserve for members and players. These include the football oval with excellent grass surface and updated lighting, netball courts and social rooms with recently upgraded change rooms.

All Anakie netball teams and the senior football team compete in the GDFL competition. Junior football teams compete in AFL Barwon Junior competitions.

Country Women's Association of Vic - Lara Branch

- 9-11 Waverley Road, Lara Vic 3212
- 0406 710 719
- kayerob60@hotmail.com
- cwaofvic.org.au
- /LaraCWA



The Country Women's Association of Victoria Inc.

The Country Women's Association of Victoria is an organisation of women supporting women, children and families across Victoria.



Friends of Elcho Park Equestrian Centre

- 0418 307 497
- friendsofelchopark.com
- /ElchoPark



Friends of Elcho Park Inc (FOEP) is a joint venture between Corio & Moorabool Pony Club and Westcoast Adult Riding Club to enhance and encourage the use of the Elcho Park Equestrian Centre for horse related activities.

Elcho Park is a City of Greater Geelong council owned reserve, is 30 hectares in size and is ideally set up for horse riding; see The Grounds page for details. The grounds are continually being upgraded; a magnificent new double story clubroom facility has been constructed and is now in use for club rallies and competitions.

The grounds are always open to the public for use, except for dates booked for club rallies and competitions. Please check the Calendar page for grounds availability.

Friends of Kevin Hoffman Walk

- 14A Wingara Drive, Lara Vic 3212
- 0438 022 552
- friendsofkevinhoffmanwalk.com.au
- /FriendsOfHoffmanWalk
- /friendsofkevinhoffmanwalk



Friends of Kevin Hoffman Walk maintain a unique 900-metre-long Australian native garden walking trail, created by Kevin over 45 years ago. It's located on the east side of Hovells Creek between Station Lake Road and Flinders Avenue, Lara.

Geelong & District Lupus, Arthritis & Associated Conditions Self-Help Group

- Chris Ash 0410 104 575
- chrisaash@hotmail.com

This self-help group meets on the 2nd Monday of each month at a group agreed venue around the Geelong region. We provide mutual support and arranged activities. Meetings begin at 12 noon and include lunch. Contact Chris Ash for more information.

Geelong Kettlebell Sport

- Lara Health and Fitness Centre 1/158 McClelland Ave, Lara Vic 3212
- 0415 522 480
- geelongkettlebellsport.org.au
- /geelongkbsport
- /geelongkettlebellsport



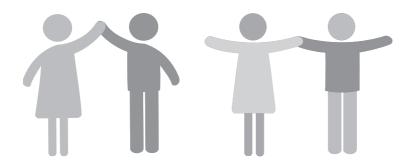
Kettlebell Sport is a relatively new power and endurance lifting sport in Australia, and we are the original and only club in Geelong. Cyclical in nature, similar to swimming and running, but the Kettlebell acts as the resistance. Training will help to build your strength and fitness, regardless of your age or experience. Athletes are judged on the number of repetitions they can perform of various Kettlebell lifts (i.e. Snatch, Jerk and Long Cycle) in a set period of time. We welcome all levels to come try out the training for Kettlebell sport in our non-judgmental and friendly community of lifters. If you need something different or new, then this is for you. Kettlebells can be used for life, and we all have the common goal of having fun while improving our mental and physical health - Swing into Fitness today!

The Geelong Pool Club Inc.

- The Beckley Complex, The Geelong Pool Club Inc. 40 Broderick Road, Corio Vic 3219
- Sean Maher Club Secretary 0415 628 116 John McCarter - Club Treasurer 0457 444 491
- gpcsecretary@hotmail.com
- /geelongpoolclub



The Geelong Pool Club Inc. is a local community sports club with private member key access. New members are always welcome. The club also caters for pensioners, all abilities & the unemployed.



German Shepherd Dog Club of Victoria - Geelong Branch

- ♀ 125 Elcho Road, Lara Vic 3212
- Paul Stynes Branch Manager 0439 505 202
- geelong@gsdcv.org.au
- http://gsdcv.org.au
- /GSDCVGeelong



The German Shepherd Dog Club of Victoria Inc. (GSDCV) is the official custodian of the breed in Victoria and is dedicated to the improvement, promotion, and protection of the German Shepherd Dog.

The club encourages fellowship and strives to assist in the education of its members, and the public, to a better understanding of the breed, responsible breeding practices, and responsible dog ownership.

The GSDCV is the largest single breed club in Australia today, with a membership in excess of 2,200 and has a long and strong history of which we are justly proud.

Lara and District Men's Shed Inc.

- 0411 213 403
- info@ladms.org.au
- /laradistrictmensshed



Our shed is all about building the well-being of men in our community, to enrich lives of members and those around us. You are most welcome to be a part of this group.

Our activities include the following:

- Regular gatherings on Tuesdays, Thursdays and Saturdays.
- · Coffee, tea and casual conversation.
- · Members meetings on the second Tuesday of each month.
- Woodwork and metal work projects as adopted by the shed from time to time.
- · Personal projects of members. These are welcome at any time.
- · Information and training events organised at the shed or other venues from time to time.
- · Fund raising BBQs twice a month
- Social events from time to time.

Lara Care Group Inc

- Barry White President 0419 528 147
- info@laracaregroup.com.au

 info@laracaregro tlcpresident@laracaregroup.com.au
- www.laracaregroup.com.au saveserendip.blogspot.com
- /laracaregroup

Lara Care Group Inc. is an incorporated community organisation founded in early 2004 as a not for profit, apolitical, community action group working with elected officials and council on local and regional planning affairs. The Group's initial focus was to protect the state wildlife sanctuary at Serendip on Windermere Road in Lara from what a majority of the town saw as inappropriate and out of character residential development plans in the surrounding area. Serendip Sanctuary, and its future, remains a priority for the group. It has played a central role in the development of the You Yangs Precinct Master Plan and Serendip's role in it.

LCG has provided a platform for the community to raise planning and development concerns and initiated development of a Lara Traffic Management Plan. It continues to advocate on environmental management issues for the community and protection of Lara's unique rural character.

LCG is a volunteer organisation which meets once a month and welcomes new members.

Lara Community Centre Inc

- 9-11 Waverley Road, Lara Vic 3212
- 03 5282 2725
- enquiries@laracommunitycentre.org.au
- www.laracommunitycentre.org.au
- (f) /Lara-Community-Centre-Inc



Lara Community Centre offers a range of activities and services to whoever needs them. We have a number of free and low-cost activities that any can join and host a variety of organisations that run activities for children and adults on different days and times.

We have two locations in Lara – Waverley Road and the Bisinella Community Centre in Buckingham Street.

If you are looking for a reasonably priced venue for a function or activity, give us a call.

We can assist you with online applications and activities, as well as giving you access to computers to go online independently. If you need information, we will do our best to get it for you or find someone else who can help you.

Come and see us in Waverley Road Monday to Thursday between 9am and 3pm or Friday from 9am until 12.00pm.

Lara Community Garden and Arts Precinct Inc

- Scuti Court, Lara Vic 3212
- Alison Secretary 0417 540 844
- /LaraCommunityGarden



Lara Community Garden welcomes everyone to learn to grow, create, build, and make new friends. We offer individual plots, shared plots, ongoing projects, worm farm, composting, chickens and more.

Lara Cricket Club

- 4 Mill Road, Lara Vic 3212
- 0419 573 966
- laracricketclub1875@gmail.com
- lara.vic.cricket.com.au
- /laracricketclub1875
- /laracricketclub



We promote our club as a community club and welcome all people to the club either as a player or supporter to enjoy our magnificent facilities. We provide teams for all players wanting a game of cricket; teams include Senior Men, Women, Junior Boys, Junior Girls and a Woolworths Master Blaster Program.

Mission Statement is Passion, Accountability, Professionalism & Respect.

Lara Food Relief

- 59 Flinders Avenue, Lara Vic 3212
- 03 5282 6487
- parlara@bigpond.net.au
- www.laralittleriveranglican.com/lara-food-relief

Lara Food Relief program provides food parcels and other support to those who present with stated needs. Food and grocery items are sourced through individual donations, Second Bite and Geelong Food Relief when required.

Our aim is to help individuals to manage during very difficult periods and is not to be used as a regular source of food supplies. Food parcels typically include fresh fruit and vegetables, meat products, cereals, tinned products, pasta, rice, sweets, toiletries, laundry needs etc.

Located in Holy Trinity Anglican Church hall, we are open Mondays 10am-1pm, except for public holidays and for a brief break over Christmas. All other times by appointment through contacting our Parish Office on 03 5282 6487.

Lara Football Club

- Lara Recreation Reserve, Mill Road, Lara Vic 3212
- larafootballclub@gmail.com larajuniorfc@gmail.com
- revolutionise.com.au/larafc
- /lsc.football



Lara Football Club is a club based on passion, inclusivity, respect and leadership and is run by a volunteer committee. The Lara Cats offer football at junior and senior levels for both males and females. Juniors play within the AFL Barwon Football Netball League and Seniors play in the Geelong Football Netball League. Auskick is run on Friday nights and includes an all-abilities section.

The Lara Football Club promotes a friendly environment and encourage new players to join us - #Live Lara Play Lara

Lara Giants Basketball Club

- 0417 306 327
- enquiries@laragiants.org.au
- www.laragiants.org.au
- /laragiantsbasketball
- /laragiantsbasketball



The Lara Giants Basketball Club provides opportunities for kids & adults to play in all levels of basketball as part of the Geelong United Basketball Association. We also offer a range of programs for kids aged 3 & up as well as all abilities programs. The Lara Giants has something for everyone and we welcome new & existing players to be part of our Giants family.

Lara Golf Club Inc

- Elcho Road, Lara Vic 3212
- 03 5282 2955
- admin@laragolfclub.com.au
- www.laragolfclub.com.au



Lara Golf Club is a walker friendly 18 hole course, full of interest and a challenge for all levels. The course features tree-lined fairways and water ways with abundant wild life. The club has a 5 bay driving range, a fleet of golf carts, and a large function room with kitchen and bar available.

New members, visitors and green fee players are always welcome.

Lara Heritage & Historical Inc (Lara Museum & Historical Center)

2-10 Canterbury Road West, Lara Vic 3212 (Corner Forest Road South & Canterbury Road West)



- 0417 568 745
- laramuseum@iprimus.com.au
- www.laramuseum.org.au
- /laramuseum

Lara Museum & Historical Centre opened in 2013 and is housed in the old Lake Bank Hotel (circa 1860) which was renovated by L. Bisinella Developments and is leased to Lara Heritage & Historical Inc for a peppercorn rent of \$1 a year. It displays historical items of Lara and surrounding areas.

It is open on Wednesdays & Sundays 11am - 4pm.

Lara Little Athletics Club

- Goldsworthy Reserve, Goldsworthy Road, Corio Vic 3214
- 0407 346 702
- laralittleathsclub@outlook.com
- www.coriolac.com.au



Lara Little Athletics Club is for children aged from 5 to 17 years of age. Lara athletes are part of the Corio Centre for Little Athletics. Summer little athletics competitions are held from October to March at Goldsworthy Reserve in Corio, with cross-country held from May to August in various locations around Geelong.

Lara Little Athletics Club is a welcoming and inclusive club and we encourage families to become involved by being officials, joining the committee or assisting on competition days.

The club's focus is on family, fun and fitness. Little Athletics is a wonderful environment for families with children encouraged to be their best. Opportunities are available for athletes to represent their club at regional, state and national levels.

Lara Netball Club

- Mill Road, Lara Vic 3212
- laranetballclub@gmail.com
- www.revolutionise.com.au/laranetballclub
- /lsc.football
- /laracatsnetballclub



The Lara Netball Club is very proud of its reputation of being the friendliest club in the region. Our players compete in the AFL Barwon GFNL competition in both winter and summer and the Geelong Netball Association over the Summer period. We run Net Set Go programs and we are intrinsically linked into our wonderful community. We welcome everyone to our club and hope that you enjoy your time with us.

Lara RSL Sub-Branch

- ♀ 2 McClelland Ave, Lara Vic 3212
- Marcus McEwen President 0455 190 679
- mmcewen@lararsl.com.au
- www.lararsl.com.au
- /Lara-RSL-Sub-Branch



The Lara RSL is open every Friday from 5pm for Veterans and their families to drop in to socialise in a warm and friendly environment. We are also contactable 24/7 on the above number to assist with Veteran welfare. Other important numbers are displayed in the front window of the RSL.

Lara Runners

- president@lararunners.com.au secretary@lararunners.com.au
- www.lararunners.com.au
- search Lara Runners
- (i) /lara.runners



A Lara local running group for people of all abilities.

Our purpose is to provide an opportunity for people in the Lara and surrounding community to learn correct running techniques, participate in road and trail runs, and to enhance their mental and physical well-being and sense of community through the social, friendly and inclusive atmosphere of group running. Our motto is 'No one left behind.'

Lara Sporting Club

- 4 Mill Rd, Lara Vic 3212
- 03 52823265
- admin@larasc.com.au
- www.larasportingclub.com.au
- /LaraSportingClub



a Swimming Club

The Lara Sporting Club is the heart of our sporting community. Our venue is designed to offer a comfortable and relaxing environment where anyone can enjoy a great meal and drink while appreciating our facilities and supporting our players, both young and old #Live Lara Play Lara

Lara Swimming Club

- P. O. Box 146, Lara Vic 3212
- 0467 227 527
- LaraSwimmingClub@gmail.com
- www.laraswimmingclub.com.au
- /laraswimmingclub



We are celebrating our 60th year providing a family friendly experience maintaining country Victoria spirit. Lara Swimming Club has a proud history preparing swimmers to perform their best. We provide squad training for all abilities from those exiting learn to swim to adults swimming for fitness. Our club is community focused working with the local schools for swim sports, City of Greater Geelong advocating for Lara Aquatic Facility, and with local business to promote wellbeing. Come for a tryout and get two weeks free when you mention our listing in the Lara District Community Enterprise Community Directory. Please visit our website or email us with any enquiries.

Lara Tennis Club Inc

- 9 42 Waverley Road, Lara Vic 3212
- 03 5282 3898
- enquire@laratennisclub.com.au
- www.laratennisclub.com.au
- /laratennisclub3212



LARA TENNIS CLUB

Welcome to Lara Tennis Club, offering a state-of-the-art Pavilion, six lit artificial grass courts, two plexipave community courts, and inclusive tennis programs for all ages and abilities.

Lara United FC

- 10 Alkara Avenue, Lara Vic 3212
- laraunitedfc@gmail.com
- www.laraunitedfc.org.au
- /larautd
- /laraunitedfootballclub



Lara United Football Club (LUFC) began as the Lara Soccer Club (Lara SC) section of the Lara Sporting Club. Lara SC was founded in 1999 by a dedicated group of parents who wanted their kids to play soccer locally within Lara. Over the years, with the help from dedicated and committed volunteers, the club has grown to what it is today.

Larinda Calisthenics College

- Lara Hall, Flinders Avenue, Lara Vic 3212
- 0412 923 337
- larindacalisthenics@outlook.com
- www.larindacalisthenicscollege.com
- www.facebook.com/LarindaCalisthenics
- www.instagram.com/larindacalisthenics



Through innovation and participation, a creative sport for all.

We offer a unique combination of dancing, singing, gymnastics and technical skills for children to adults.

Calisthenics develops strong, confident performers through teamwork. Discipline and technique, grace and poise are fostered in a fun and friendly club environment, where families can connect and performers can develop skills and friendships that last a lifetime.

Our performers learn skills that inspire them to take centre stage at competitions and in life.

Our Calisthenics Classes are open to Girls from Tiny Tots to Masters and Boys from Tiny Tots to 12 Years.

Lions Club of Lara

- PO Box 97, Lara Vic 3212
- lara.vic@lions.org.au
- https://e-clubhouse.org/sites/lara_au/
- /Laralionsclub



The 1969 fires in Lara underlined the need for a service group in what was then a small rural town. Starting in 1970, during our years of activity we have expanded into a diverse community service group of all ages, interests and backgrounds and we welcome likeminded people committed to making a difference not just where they live, but sometimes, beyond as well.

We raise funds for many local programs, Lions Foundations and also provide physical and material assistance to community members and other organisations.

As a service organisation, our primary focus is on the wide range of activities we conduct in the community; committee members for Australia Day, Christmas in Lara, Lara Network Group (a Lions initiative), running the camp ground for the International Air Show, the Community Raffle, providing specially trained dogs to assist hearing impaired people, free vision screening for children in local schools and much, much more!

Little River Community Landcare Inc

- ♥ C/O Post Office, Little River Vic 3211
- 0422 340 294
- littleriverlandcare@outlook.com
- littlerivercommunitylandcare.org
- /Little-River-Community-Landcare



Working with the community to enhance and protect the natural environment around Little River.

Our Aims

- · Improve the health and accessibility of Little River
- Improve the visual amenity
- · Promote sustainable agriculture
- · Protect and enhance indigenous flora and fauna
- Implement management of invasive species

How we achieve our aims

- · Working bees to control weeds in local reserves
- Promote awareness of the environment through invited speakers
- · Provide information and advice on environmental management
- Undertake projects to improve the amenity of the local area

Scan code to join:



Little River Fire Brigade (CFA)

- 29 River Street, Little River Vic 3211
- Brigade Duty Officer 0499 549 398
- littlerivercfa@gmail.com
- cfa.vic.gov.au
- www.facebook.com/p/Little-River-Fire-Brigade-100064678780784/



Lions Club of Little River

- Little River Community Sports Club, You Yangs Road, Little River Vic 3211
- Nicole President 0421 360 470
- /lionsclublittleriver



We are a club that likes to keep busy, where individuals join to give their valuable time and effort to improving their communities. We chartered in 2005, currently we have 5 members, but look forward to expanding our membership - new members are always welcome. We often help at the International Airshow, the Geelong Show and various other events throughout the year. We run a Youth Ambassador public speaking event involving grade 5 & 6 students from our local primary school and two other small schools in our neighbourhood. Each month we meet on the second Wednesday for a business meeting and fourth Wednesday for a dinner meeting.

Little Teapot Café & Play

- 03 5291 5064
- hello@littleteapot.co
- www.littleteapot.co
- /LittleTeapotCafeandPlay
- /littleteapotcafeandplay



We dream of being the most welcoming café for families with young children ever! Together we create a home away from home, provide support groups and community connections for families.

North Geelong Warriors Football Club

- ♀ 15 Gibbons Road, Lara Vic 3212
- info@ngwfc.com.au

 info@ngw
- www.ngwfc.com.au



North Geelong Warriors Football Club provides a soccer program for all age groups for males and females along with a development program for skilled players and a National Premier League program.

The aim of our community junior soccer (U12 – U18) and Miniroos program (U5 – U11) is to provide a positive, fun, safe environment for our junior footballers so they can nurture a love for the game, develop their physical and social skills, enjoy healthy competition in a positive environment, make lifetime friendships and become part of our football community.

Our Pre-NPL development program for U12 & U13 aims to support passionate and skilled players to transition from Geelong Community or Miniroos competitions to the stronger statewide JBNPL competition at U14. Our Pre-NPL development program is aligned with our NPL program including pre-season kick-off, practice matches and a commitment to player development.

Our senior team plays in the National Premier League (Victoria) and our Junior boys (U14 -U18) play in the JBNPL (Junior Boys National Premier League) – the top level of junior competition in the state.

There is a place for everyone and every level of development from social playing through to NPL level.

Rotary Club of Lara District

- Corner Rennie Street & McClelland Avenue, Lara Vic 3212
- Michael 0408 369 189
- www.laradistrictrotary.com
- (f) /laradistrictrotaryclub

Market: ■ laracommunitymarket@gmail.com

(f) /laracommunitymarket

The Rotary Club of Lara District run a monthly community market, Annual Charity Golf Day, Fred Grove Awards, community programs like Defy the Drift, RYLA and supporting Lara Food Relief.



VICSES Corio Unit

- 299A Anakie Road, Lovely Banks Vic 3213
- For VICSES emergency response 132 500
- corio@ses.vic.gov.au
- https://sescorio.org www.ses.vic.gov.au
- /vicsescoriounit



The Victoria State Emergency Service (VICSES) provides emergency assistance to thousands of Victorians every year. VICSES manages emergency responses for flood, storm, tsunami, earthquake & landslides, and plays a lead role in road crash rescue and other rescue events.

VICSES Corio Unit is a 24/7 volunteer emergency service with a proud history dating back to 1976, serving the northern areas of Greater Geelong, Lara, Anakie and parts of Little River.

Our volunteers are members of our community. People from all walks of life become VICSES volunteers; they are emergency responders, raise funds and help prepare our community for emergencies. Our members train each Monday night from 7pm - contact us if you're interested in becoming a volunteer with VICSES.

You Yangs Mountain Bike Club

- You Yangs Regional Park
- 0407 561 907
- youyangsmtbinc@gmail.com
- www.youyangsmtbinc.com.au
- /YYMBI
- /youyangsmtbinc



The You Yangs Mountain Bike Club, in conjunction with Parks Victoria, has been developed to assist with the improvement and maintenance of the Mountain Bike Park, along with organising social events and fundraising via racing, events and shuttle days.

Our goal is to build sustainable, functional trails with a low impact on the environment. The Park aims to cater for all levels of Mountain Bike riding for Cross Country (XC) and Downhill (DH) trails, from beginner to advanced.

Did you know?

- The You Yangs MTB trails are not government funded.
- We have been building and maintaining trails since 2010.
- All work is done by volunteers, donations & dedication.
- We are a not-for-profit organisation.
- Our ride days & events are purely fundraisers.

EARLY LEARNING & SCHOOLS

Goodstart Early Learning Lara

- 20 Clover Street, Lara Vic 3212
- 03 5282 3645
- lah@goodstart.org.au
- www.goodstart.org.au/find-a-centre/all-centres/vic/lara
- /goodstartlara



We provide care for children aged six weeks to six years old - in rooms from Nursery to Kindergarten. We also have three and fouryear-old kindergarten programs overseen by qualified kindergarten teachers.

We offer our families great continuity of care with the majority of our educators having worked at our Centre for several years. Some have been at the Centre since it opened in 1994.

Committed educators combined with the close-knit community of Lara, allows us to provide a secure, friendly and caring environment for both children and their families.

HEI Schools Lara Early Learning Centre

- 69-71 Buckingham Street, Lara Vic 3212
- 03 5282 2575
- lara@heischools.com.au
- www.heischools.com.au/lara
- /heischoolslara
- (i) /heischoolslara



HEI Schools Lara is a combination of Australian and Finnish Early Childhood Education. We deliver high quality care to children aged 6 weeks to 5 years old. Three and four year old kindergarten programs are offered along with incursions and excursions to all classrooms and age groups.

Lara Lake Primary School

- 89 Forest Road, Lara Vic 3212
- 03 5282 1261
- lara.lake.ps@education.vic.gov.au
- www.laralake.vic.edu.au



Lara Lake Primary School first opened its doors in 1865 and has a long and proud history of quality education and care for all students.

Our teaching and learning approaches are evidence-based and designed to meet the needs of all students. Our practices are constantly reviewed to ensure that we are providing the highest quality instruction.

Our values of Respect, Responsibility and Excellence play an important part in our school culture, and we ensure that they are taught and upheld by all members of our school community.

Lara Primary School

- 03 5282 1427
- lara.ps@education.vic.gov.au
- www.laraps.vic.edu.au



The vision of Lara Primary School is to create a safe and caring environment that values a love of learning and fosters a strong sense of community. Our values are Community, Acceptance, Respect and Excellence.

Lara Secondary College

- § 34 Alkara Avenue, Lara Vic 3212
- 03 5282 8988
- lara.sc@education.vic.gov.au
- www.larasc.vic.edu.au
- /LaraSecondaryCollege
- /larasecondarycollege



Ensuring all secondary school aged students in Lara have the opportunity to receive an outstanding education and realise their potential.

CHURCHES

Anglican Parish of Holy Trinity Lara with Christ Church Little River

- 9 59 Flinders Avenue, Lara Vic 3212
- 03 5282 6487
- parlara@bigpond.net.au
- laralittleriveranglican.com
- (f) /HolyTrinityLaraChristChurchLittleRiver



Holy Trinity Lara with Christ Church Little River

Situated between Melbourne and Geelong with the distinctive granite peaks of the You Yangs as a backdrop, the Anglican Parish of Holy Trinity Lara with Christ Church Little River has two centres;

Holy Trinity Lara, corner Flinders Ave and Curletts Rd Lara.

Regular services are held Sundays at 10am and Wednesdays at 10am, with Morning Prayer Fridays at 9am.

Home to Holy Trinity Anglican Op Shop; proudly recycling goods and clothing at bargain prices Tuesday-Friday 9am-4pm & Saturday 9am-1pm. Volunteers welcomed.

Christ Church Little River 48 - 50 Rothwell Road Little River.

Regular services are held on Sundays at 4pm.

Relaxed Family Services are regularly run each 2nd and 4th Sunday of the month, offering children's programs and Prayer and Praise.

MEDICAL

Lara Maternal and Child Health Centre

- 03 5272 4741
- mch@geelongcity.vic.gov.au
- www.geelongaustralia.com.au
- /cityofgreatergeelong
- /cityofgreatergeelong /geelongchildrenandfamily



The Maternal and Child Health (MCH) service is a free service available for all families with children from birth to school entry. This service provides information, advice and support to families with an initial home visit, followed by appointments at the Maternal and Child Health Centre. Services include child health and development screening, infant feeding, parenting support and advice. A first-time parent group is available and referrals to other Early Childhood services as required.

Lara Medical Centre

- 1 Patullos Road, Lara Vic 3212
- 03 5282 1926
- laramedicalcentre@gmhba.com.au
- www.laramedical.com.au



At Lara Medical Centre we are a group of doctors, nurses and administration team members who are committed to personal, holistic healthcare. We place importance on preventive medicine and aim to treat the individual with reference to family, occupation, and lifestyle.

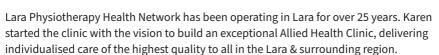
All Doctors at this practice are on the Vocational Register of General Practitioners. This means we have a commitment to general practice and to continuing medical education.

Some of the services that we provide are general medical care, counselling, family planning, pap smears, shared obstetric care, Mirena & Implanon insertion, 24hr Blood Measure Monitoring, skin checks, chronic disease management, fracture management and vaccinations.

Surgery hours - routine appointments: Mon-Wed 8.30am - 6.30pm, Thur-Fri 8.30am - 5.30pm Weekends: Sat 9.30am - 11.30am. Saturday clinics are intended for urgent medical problems, no appointments are necessary.

Lara Physiotherapy Health Network

- 46 Patullos Road, Lara VIC 3212
- 03 5282 3860
- laraphysio@laraphysiotherapy.com
- http://laraphysiotherapy.com/
- (1) /laraphysiotherapyhealthnetwork
- /laraphysiotherapy



We offer Physiotherapy, Osteopathy, Exercise Physiology, Massage and a range of group classes including Pilates, Move More & Postnatal. Our clinic has an on-site rehab gym and exercise space that caters for all needs from low level rehab to high end sports rehabilitation and strength & conditioning.

We accept Private, Workcover, TAC, DVA, NDIS (Plan Managed & Self-Managed) clients as well as Medicare referrals. We offer discounts to Health Care Card Holders, Pensioners, Members of the Lara Sporting Club, Lara Swimming Club & Bupa.

Lara Smile Group

- 1/1-11 Station Lake Road, Lara Vic 3212
- 03 5282 1681
- enquiries@larasmilegroup.com.au
- larasmilegroup.com.au
- /larasmilegroup
- /lara_smile_group

Lara Smile Group offers dental care tailored to a patient's unique needs. We offer a comprehensive range of dental services, conveniently all in one location. Our personalised services include:

- General and family dental care
- Implants
- Cosmetic Dentistry
- Dentures
- Whitening

- Orthodontics
- · Crown, Bridge and Veneers
- Comprehensive Gum Treatment
- Dental / facial injectables TMJ and Cosmetic

Serving the Lara community for over 30 years, Dr Charlie Kahwagi and his skilled team focus on prevention to help reduce the need for more extensive dental treatment. They are committed to sharing their knowledge and experience so patients can make informed decisions about their treatment options.

> "The Lara Smile Group team are dedicated to providing exceptional dental care to the community."



Lifelong Dental

- 14 Forest Road, Lara Vic 3212
- 03 5282 2034
- https://lifelongdental.com.au/



Since the 1990s, the staff of Lifelong Dental have built a practice based on exceptional patient care to Lara and surrounds. Our strong preventative program and our highly experienced and skilled clinicians and support staff offer all aspects of dental care to our patients and community.

We are committed to staying at the forefront of all facets of patient focused dentistry, and we are continuously furthering the professional development of all our staff members to ensure the most optimal dental outcomes for each patient within our practice.

Dr Geoff Storey's mission;

"To give both our patients and team the opportunity to flourish and connect not only with each other but our community through the experience of exceptional dentistry."



COMMUNITY LISTING DETAILS

Please drop your completed form into

Community Bank Lara District at 5 Waverley Road, Lara VIC 3212 or email details to mail@ldce.com.au

Modify existing listing

New listing

	ivew doding	Mounty existing tisting	
Community group name			
Venue address			
Telephone			
Email			
Website			
Facebook			
Instagram			
Summary of what your group does			



A better banking experience.

Right on your doorstep

We deliver the products and technology you'd expect from a big bank, plus the personal service you wouldn't.

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