



## Sandringham Community Bank Day Procedure Centre turns one

It's been a year since Sandringham Community Bank Day Procedure Centre opened at Sandringham Hospital and there was a lot to celebrate at the 1st anniversary celebration recently – the centre is thriving with over 2100 locals having had day procedures onsite.

Day Procedure Centre Manager Sharon Zantuck said the new facility had improved patient flow throughout the hospital. "We've been able to admit all of our elective surgery patients through the Day Procedure Centre, which has been a huge bonus. It takes the pressure off our wards and ensures a more comfortable experience for every patient," Ms Zantuck added.

Sandringham Community Bank was extremely proud to donate \$500,000 towards the establishment of this facility. Matthew Gallop, Branch Manager, said that many individuals and organisations are to be



congratulated for their efforts in the development and management of the hospital. "We're so thankful to the community for getting behind this project. Sandringham Hospital is a wonderful community hospital and it's been very rewarding being a part of a project that is so vital for local Bayside residents."

## The Top 5 ...

### Things to do in Bayside over summer

The weather's warming up and summer holidays are just around the corner. So, we've compiled a list of some of the best things to do in Bayside:

- 1. Family bike ride along the beach.** The Bay Trail covers the full 17km of the Bayside foreshore from Head Street Brighton down to the Beaumaris Motor Yacht Squadron.
- 2. Go paddle boarding at Sandy HQ Kiosk** - down at Sandringham Foreshore. Lessons are available or if you want to relax, this is the perfect spot to grab a coffee and snack. Located @ Jetty Rd, Sandringham.
- 3. Brekky at Limoncello's.** A Sandringham staple where the whole family can enjoy a great breakfast. Located at 54 Station St, Sandringham.
- 4. Visit the Bayside Farmer's Market** - for the freshest produce and delectable items to add to your pantry. It is held on the third Saturday of every month from 8:00AM to 1:00PM just off Beach Road in Trey Bit Reserve, Jetty Road, Sandringham.
- 5. Have a late afternoon drink at Hobsons.** Enjoy the shabby-chic vibe at Café Hobsons - a local institution. Located at 19-21 Melrose St Sandringham.



# This is what community is all about

Something wonderful is happening in our local community that is bringing together the very young with the elderly - and it is touching the hearts of many. An intergeneration program sponsored by Sandringham Community Bank is joining Nagle Pre-School and Regis Aged Care to build inspiring connections between the youth and seniors.

“ [the residents] were immediately bright eyed and excited as they heard the little voices ”

As part of the Nagle education program, the 4-year kinder kids regularly walk to Regis Aged Care to visit the residents. Desiree Brudenell of Nagle



Pre-School explained that this idea was gaining momentum in many communities and brought great benefits to all involved; “It helps bridge the generation gap and foster respect for the aged, while brightening the day of many of the Regis residents. Plus, walking to Regis helps the children learn about road safety and connect with their local environment.”

Sally Turner, Senior Customer Service Officer at Sandringham Community Bank saw the visits firsthand and said it was heart-warming to see the elderly residents look forward to the children arriving. “Some of the residents were napping before the kids walked in and were immediately bright eyed and excited as soon as they heard the little voices in the foyer. Seeing the children brought back memories of their own childhood and also wonderful memories of when their own kids were young,” she added.

The visits are proving very particularly beneficial for the residents who suffer from depression. The ‘happy session’ - as it is known as to many residents - lifts them up and the laughter brightens their day.

## The Festive Season is just around the corner!



And what better way to welcome the holiday season than at the Bayside Santa Rally, brought to you by The Rotary Club of Sandringham, on Sunday 24th November at 9.30am. Dress up in your best festive outfit, bring a picnic blanket and head down to Sandringham Football Club to start the parade to Green Point.



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